Formation
Develop Your Critical Thinking (Exercer son esprit critique)

Durée de la formation : 6 heures
Date de la session : du 01/03/2027 au 31/05/2027

Dates précises : From 01/03/2027 to 31/05/2027
Horaires de la session : Independently, at your own pace

Lieu : En e-learning (en ligne) - OpenClassrooms platform

Nombre de places maximum : 5

Formateur(s) : OPENCLASSROOMS

Prérequis sur cette formation : None

Public ciblé : Université de Bordeaux staff and site/PUI partners

Public prioritaire :

Date limite d'inscription : 19/02/2027

Objectifs :
Critical thinking is essential if we are to question our world and make reliable and effective decisions. In this training we will learn how to identify cognitive biases, search for information, and avoid the pitfalls of argumentation using the scientific method.

Every day, be it in your private or professional life, you are required to take a position on a variety of subjects: a hot topic, a societal question, a thorny problem at work, etc. However, you won't necessarily have an intimate knowledge of all of these subjects, and that’s okay! So you might ask yourself the following questions: how do I form an opinion? How do I sift through all of the available information? How do I make a good argument? We have an answer: learn to apply critical thinking!

This training offers you methods and practical tools to develop critical thinking for your everyday use:

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You'll learn that your mind sometimes plays tricks on you by using shortcuts that help you decide quickly, but this is cognitive bias and might be misleading.

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You will learn how to question the world around you and to structure your search for information.

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You will learn how critical thinking can help you to have constructive debates and avoid bad arguments.

By the end of this course, you will be able to:

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Identify cognitive biases

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Think through situations critically

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Avoid the pitfalls of bad arguments

This training receives government funding managed by the Agence Nationale de la Recherche (National Agency for Research) under the plan France 2030, with the reference ANR-21-EXES-0004.

Programme :
Part 1: Identify and Address Cognitive Biases

1. Get the Most Out of This Course

2. Discover Why Biases Exist

3. Identify the Most Common Cognitive Biases

4. Practice Critical Thinking: The Art of Rational Doubt

5. Use the Scientific Method

6. Quiz

Part 2: Carry Out a Credible Search for Information

1. Analyze a Work Situation

2. Structure Your Information Search

3. Assess the Reliability of Information

4. Quiz

Part 3: Avoid the Pitfalls of Bad Arguments

1. Distinguish Good From Bad Arguments

2. Avoid Bad Arguments

3. Use Your Critical Analysis Kit

4. Quiz

Pour tout renseignement complémentaire :
Chargé(e) de formation : mailto:bf-formations.innovation@u-bordeaux.fr
Pôle AGRH – service développement des compétences

Retrouvez le détail des sessions proposées et inscrivez-vous sur **FormAction**
et toutes les infos sur **l'intranet**

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